

May Morton Elementary Lunch

Tuesday-Crispy Chicken Nuggets

Arbor A+ Nutrition Mission To serve students daily:

- ✓ A wide variety of fresh, nutrient rich foods
- ✓ Fresh fruits and vegetables, locally sourced as seasonally available
- ✓ Cage free poultry with no added hormones or steroids
- ✓ Fresh whole and multigrain bread, buns and baked goods
- √ No-fat or 1% milk free from any growth hormones from local, sustainable farms

~Arbor Management~

Make Choices for a Healthy Lifestyle!





"Ask the Dietitian",

		ACCES AND ADDRESS OF THE PARTY	San A San	
Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Chicago Style All Beef Hot Dog Baked Beans Vegetable of the Day Fruit of the Day	"Say Cheese" Toasted Sandwich-V Tomato Soup Vegetable of the Day Fruit of the Day	1/2 Day Meals	Pizza Bagel Steamed Broccoli Vegetable of the Day Fruit of the Day	Maple Pancake Sausage Bites Glazed Carrots Vegetable of the Day Fruit of the Day
8	9	10 Lettie Brown Picnic	11 Grundy Picnic	12 Jefferson Picnic
Pizza Dippers w/ Marinara Sauce Mixed Vegetables Vegetable of the Day Fruit of the Day	Mini Corn Dogs Green Peas Vegetable of the Day Fruit of the Day	Chicken & Waffle Honey Chipotle Sweet Potatoes Vegetable of the Day Fruit of the Day	Western Cheeseburger Baked Fries Vegetable of the Day Fruit of the Day Lettie Brown/ Lincoln Step up day	Walking Taco Nachos Seasoned Black Beans Vegetable of the Day Fruit of the Day Grundy/Lincoln Step Up Day
15	16	17	18	19 Lincoln Picnic
Pancakes w/ Cheesy Eggs Tater Tots Vegetable of the Day Fruit of the Day	Homemade Cheese Quesadilla-V Fiesta Beans Vegetable of the Day Fruit of the Day	Creamy Chicken Alfredo Garlic Bread Seasoned Green Beans Vegetable of the Day Fruit of the Day	Jumbo Corn Dog Stir Fry Veggies Vegetable of the Day Fruit of the Day	Pepperoni Pizza Garlic Roasted Carrots Vegetable of the Day Fruit of the Day
22	23	24	25	26
Crispy Chicken w/ Biscuit Steamed Carrots Celery Sticks Fruit of the Day	Chicago Style All Beef Hot Dog Vegetarian Beans Broccoli Florets Fruit of the Day	1/2 Day No Meals	SCI L	100L LUNCH 1ERO DAYA 100L LUNCH
29	30	31	ZMD	
			Ma	ay 5,2023

Please note: Due to national supply chain disruptions and shortages, we may have to make changes to our menus with little or no notice. Please know that we are doing our best to serve meals as planned. Substitution of menu items will be communicated. We apologize in advance and thank you for understanding! This institution is an equal opportunity employer.

> *Contains or may contain pork V= Vegetarian

Included with Every Meal

Fruit and Vegetable **Choice of Milk**

Crispy Chicken Salad Monday-Juicy Cheeseburger

Daily Options Ham & Cheese Sandwich

Elem Lunch \$ 2.80

Milk \$ 0.60

w/ Goldfish **Wednesday-Cheesy Beef Nachos Thursday-Crispy Chicken Sandwich Friday- Pizza Varieties**

> Now Hiring For Food Service **Positions**

Contact Brooke Snell at

309-284-6320