

# Lincoln Elementary School

## September 2022 Newsletter



Dear Lincoln School Parents and Families,

The calendar has turned to September, which means that the Morton Pumpkin Festival is just around the corner! Our festival creates a lot of buzz and excitement throughout our village. My favorite part of the festival is seeing so many friends out and about throughout the festival, along with all of the delicious pumpkin themed foods...especially those pumpkin donuts! The parade is a highlight of the festival as many of our students participate on various floats. It's so fun to see their excitement along the parade route. I hope you and your family enjoy a memorable Pumpkin Festival together, creating your own family's traditions!

This year, our Lincoln School staff will be volunteering in the Pumpkin Sweet Shop from 4:30-7 pm on Thursday, September 15th. This is an annual tradition that we look forward to every year! If you are out and about at the Festival on Thursday night, please be sure to stop by the Sweet Shop to see us!!

Our first Early Dismissal Wednesday of the school year is actually NOT on a Wednesday. For most months this school year, we will dismiss students at 11:55 am on the first Wednesday of the month. However, again this year, we have planned the September early dismissal on the Friday of the Pumpkin Festival, September 16th, which is also wristband day at the carnival. We'll return back to our first Wednesday of the month early dismissals in October.

Coming up later this week is our annual tribute to honor and remember the events of September 11, 2001. Each year, we host a Patriot Day Assembly to honor the memory of those lost on that tragic day in American history, twenty one years ago. Over the past few years, we have altered our assembly so that students could view a digital version of the assembly with their classmates in their classrooms. Mr. Shane Roche, our general music teacher, has put this digital presentation together for us. This year, we will have our students in K-2nd grade watch the digital presentation in their classrooms. Our primary grade teachers found that the smaller setting for viewing the assembly provided more opportunities for students to ask questions and participate in meaningful conversation about the events of September

11th, 2001. Students in grades 3rd-6th will join together in the gym for our school assembly on Friday, 9/9 at 9:30 am. Students will sing patriotic songs, recognize the contributions of our First Responders and Military personnel and honor the memory of those whose lives were tragically lost on 9/11/01. We will introduce our special visitors-family members who have served/are serving in the Military or are/were First Responders during their class discussions. If you have a family member who would like to attend and be recognized, please contact me no later than Wednesday afternoon.

Our 2022-23 school year is off to a fantastic start! Our students continue to do a great job transitioning back to the routines of school, learning and following behavior expectations and are putting forth their best efforts in all aspects of school. We thank our parents for ensuring students arrive on time, are ready to learn and have the materials they need to be successful in the classroom. I appreciate your cooperation and the opportunity to work together. Thank you for all you do to help our teachers and support your children! We appreciate you!

Sincerely,  
Mrs. Julie Horchem  
Principal

### **A Message from Mrs. Michelle Peterson, Assistant Principal**

Hello, September! We have had a fantastic start to the school year, and the fun will continue into the fall festivities. We can already feel the excitement surrounding the pumpkin festival festivities next week. I am hoping to have some fall weather sneak in sooner than later! Your students have worked hard to start the year, and we can't wait to see what they accomplish this year. Thank you for your continued support. We value your commitment to our children and our Lincoln school community.

Mrs. Michelle Peterson, Assistant Principal





## Thank You for Keeping the Car Line Moving at Morning Drop Off!

Our car drop off line in the mornings has been moving right along almost every morning! It even seems that the line is starting to drop off by 8:15 am!! Thank you!! We are grateful to all of our parents and drivers who are helping to follow the drop off expectations. Just a couple of reminders for everyone to help us to ensure the safety of all each morning:

-PULL YOUR CAR UP TO THE FAR SIGN, EVEN IF THERE IS NO ONE BEHIND YOU. This is usually the biggest reason that our drop off line gets bogged down. By pulling your car all the way to the far sign, it allows more cars to come through the drive and drop off students.

-STUDENTS SHOULD EXIT FROM THE PASSENGER'S SIDE, NOT THE DRIVER'S SIDE. It is not safe for children to exit from the driver's side into the passing car traffic. This also forces children to walk between cars to get to the sidewalk and enter school.

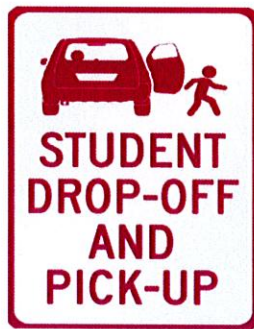
-DO NOT PUT YOUR CAR IN PARK AND GET OUT TO ASSIST YOUR CHILD LEAVING THE CAR. This again significantly slows down the drop off line. If you want to help your child out of the car, give him/her a kiss or a hug, assist with getting a bulky item out of the car, please pull into a parking spot and assist your child there.

-DO NOT DROP OFF YOUR CHILDREN ON NEBRASKA AVENUE AND EXPECT THEM TO CROSS THE CIRCLE DRIVE TO ENTER THE SCHOOL. Some parents think that they can avoid the hassle of drop off by letting kids out on Nebraska and having them walk into the school by crossing in front of all of the traffic. Again...drivers are not looking for students to be crossing and children have to cross between cars to get in the building. While it's more convenient for the

driver, it ends up slowing down the car line for everyone else and it makes it a safety concern for students who are crossing alone.

**-FOR THOSE PARENTS WHO PARK THEIR CARS AND WALK THEIR STUDENTS INTO THE BUILDING:** Please make sure that you look and wait, then cross when when it is safe to do so. Don't just immediately cross, thinking that drivers see you and will stop. (This isn't Kroger or Wal-Mart where people walk out of the store and into the crosswalk without looking at the cars!) Be aware of the cars, drivers and other students when you are crossing with your student.

We greatly appreciate your help to ensure a safe, stress free and hassle free morning drop off for EVERYONE! Thank you!!



## Like a Good Neighbor...

We realize that parking around our school at the end of the school day and during school events can be challenging. Imagine being a neighbor to Lincoln School who wants to enter/exit their driveways during this time. It's nearly impossible! Please help us to be good neighbors to those who live directly across the street from Lincoln School:

**-Do not block the driveways.** You might be thinking "I'll only be here for just a few minutes" or "Maybe they aren't home right now." But just when you think that, the neighbor might be trying to leave his home or turn into her own driveway, only to find it blocked. Please be considerate and don't block driveways!

**-Don't turn around in the driveways.** Again, please be considerate to our school neighbors. Just because their driveway is across the street from the school, that doesn't mean their driveways are public turnarounds.



**-Don't make U-turns in the middle of Nebraska Avenue.** We frequently see this. A parent will drop off or pick up their child, then try to make a quick U-turn in front of the school rather than drive around the block. We know it takes a few more minutes to drive around the block. But it's also safer than making the U-turn in the middle of the road. Please be considerate of other drivers on Nebraska Avenue...don't make U-turns!

Thank you for your attention to all of these concerns!



## **Patriot Day Assembly to be Presented on Friday, September 9th**

*It's hard to believe that the events of September 11th, 2001 happened over twenty years ago. Our annual Patriot Day Assembly will be presented on Friday, 9/9. This year, students in 3rd-6th grades will gather in the gym for our annual assembly where we remember the heroes of that day in 2001, while also honoring First Responders and Military Heroes from our school community. Our students in K-2nd grade will view digital presentations in their classrooms at the same time. Our primary teachers found that they were able to have more meaningful discussions with their students in the classrooms and could have developmentally appropriate discussions about the events of September 11th with their students. We will recognize those family members who serve or have served in our nation's military or are currently working as First Responders. If you have a family member who would like to attend and be recognized, please reach out to Mrs. Horchem by Wednesday, 9/7. And students...don't forget to wear something patriotic/red, white and blue in honor of this solemn day on Friday, 9/9.*

## Mark Your Calendar!

*Early Dismissal dates are planned for the 2022-23 school year so that teachers can participate in a time of professional development. We also have early dismissal days at the end of each quarter. Students will be dismissed at 11:55 am on the following dates:*

September 16th  
November 2nd  
January 9th  
March 10th  
May 24th

October 5th  
December 7th  
February 1st  
April 12th

October 14th  
December 21st  
March 1st  
May 3rd

The Facebook logo, consisting of the word "facebook" in white lowercase letters on a blue rectangular background.

Did you know Lincoln Elementary School has a Facebook page? Keep up to date with important information and see pictures and information about activities happening here at Lincoln! Go to:

<https://www.facebook.com/LincolnElementarySchoolMortonIL>

Like our page to get the latest information!



## **A FEW OF OUR NEW STUDENT SIGNS ARE STILL MIA!!**

Remember those fun, cute "Welcome our Newest Lion" signs which we placed in the yards of our kindergarten students and all of our new families last month? We are still missing a few of them!! We have collected most of the signs (many had already been returned



to us...thank you for bringing them in!), but still need to get them all collected! Did you move the sign at your house when the lawn was mowed and didn't put it back? Please let us know if you still have our sign...we will be happy to come pick it up...just let us know your address and we will pick it up!!



### **DEADLINES FOR PHYSICALS AND IMMUNIZATIONS QUICKLY APPROACHING!**

If you have not turned in your child's school physical or updated immunizations (depending on grade level), please remember that Friday, October 14<sup>th</sup> is the deadline for those documents. In the past, Morton CUSD 709 has accepted appointment cards and notes regarding future appointments after the October 14<sup>th</sup> deadline. Our policy has changed in that we will NO LONGER ACCEPT APPOINTMENT NOTES OR CARDS in lieu of having physicals and immunizations turned in by the October 14<sup>th</sup> deadline. If you have any questions, please contact Nurse Jennifer Cook at 284-4038 or [jennifer.cook@mcusd709.org](mailto:jennifer.cook@mcusd709.org).



### **After School Clubs Kick Off the School Year!**

We are excited to be able to offer our students several opportunities to extend their learning after school. Our **Running Club** has already been "off and running" for the past couple of weeks. Students in grades 4th-6th grades had the opportunity to be a part of this after school club. Our students will also have the opportunity to run in the Pumpkin Festival 2 mile run! Thank you to Miss Elward

(4th grade teacher) and our parent volunteers (Chelby Sauder, Emily Turner, Stephanie Shepherdson, Chrissy Stephens and Sheila Graber) for providing this opportunity for our students.

Our next two after school clubs will begin on Thursday, September 22nd. **The Lego Club** will be offered to students in K-3rd grade on Thursdays from 2:45-3:30 pm. Lincoln Parent (and K Classroom Aide) Jessica Harding will be leading this club for students. More information will be coming soon about this new opportunity for K-3 students. We will offer a 4th-6th grade Lego Club for students during the second semester.



Information about our **4th-6th grade After School Read Aloud Club** has already been sent home. The 3rd-6th grade Read Aloud Club will begin on Thurs., 9/22 and run through Thurs., 10/13. A K-2nd grade Read Aloud Club will begin later in October. Lincoln Parent (and Morton Public Library Youth Services Outreach Coordinator) Ashley Valerio will be leading these two clubs. Look for more information coming soon about the K-2nd grade club.

Information about our Lincoln School **Chess Club**, led by Lincoln parent Chelby Sauder will be coming later this month.

Mrs. Westbrook (6th grade ELA Teacher and Lincoln parent) is organizing a new club for 5th and 6th grade students. Our **Lincoln School Ambassadors** will be a new student service group. This group is open for all 5th and 6th graders and will meet on the last Wednesday of each month after school. Be looking for more information coming home soon about how our students can become involved with helping and serving our school community, taking a leadership role at Lincoln, etc. Our first meeting of our Student Ambassadors will be on Wednesday, 9/28. This will be another awesome opportunity for our students!

We are always looking for new ideas for after school clubs for our students. We welcome your ideas and parent volunteer leaders for these activities. Have an idea



for a club? Reach out to PTO President Natalie Friend  
([lincolnlionspto709@gmail.com](mailto:lincolnlionspto709@gmail.com)) with your ideas! We'd love to provide many more opportunities for our students outside of the school day!



## CAUGHT YA! CONGRATULATIONS TO THESE STUDENTS WHO WERE CAUGHT ROAR-ING DURING THE MONTH OF AUGUST :

KINDERGARTEN: DRU B., KAYLA P., EDEN L., GRANT J., MACKENZIE C., LYDIA N., JACK D., JACOB G., TUCKER S. OLIVIA G., ISLA H., COHEN I., BLAKELY S., AIDEN S.

FIRST GRADE: JACKSON Z., HUDSON L., ABEL C., JOSIE N., MACOY S., HEIDI G., MICAH G., ADELINE K., PAISLEY C., CHLOE J., GRAYSON S., JOEY J., HAZEL L., JESSUP K., LEVI P., HAYDEN L., EVELYN R., CHRISTIAN F., OLIVIA F., CAM P., IVY T., SYDNEY P., CHARLIE T. LUCAS G., PALMER G., BENNETT Z.,

SECOND GRADE: HUDSON R., GRAYSON V., FINN S., HENRY F., COLIN C., TYTUS W., ALYSSA H., NINA H., OLIVIA H., DYLAN S., JULIET W., KAMARION S., KOLBIE K., EMMIE F., AVA K., WILL J., ARIA M., JJ G., LIAM D., TATE L., KARSYN T., KARSON W., MEG M., GAGE G., LIAM M.

THIRD GRADE: JAXON H., GRACE M., OLIVER A., ADRIAN B., HADLEY S., AMELIA P., ELSIE R., DEAGAN R., VINNY C., LIAM K., PARKER J., MILES D., TAD J., LIVIE M., JOSH S., ELI G., EMMETT C., CHARLEY W., LUCY L., PENNY N., COLIN P., GRAYSON F., ELANOR S., ROWEN Z.

FOURTH GRADE: JERRY C., LUKE G., MASON S., STEVIE C., MILA R., OWEN R., MADYN B., HUDSON S., EVAN G., MATTHEW E., EASTON R., CHARLIE K., MANNING S., BROOKLYN S., LANDON K., TRIPP Y., MATTHEW K.

FIFTH GRADE: REID M., ISAAC C., COLTON W.

SIXTH GRADE: TARYN M.

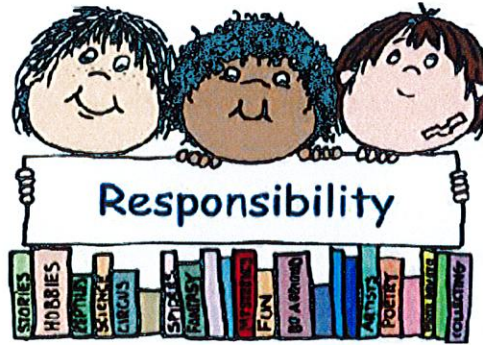
**GREAT JOB LIONS!! R-O-A-R**

**R: Responsible**

**O: On Target**

**A: Act with Kindness**

**R: Respectful**



## Monthly School Wide Themes and Administrator Read Alouds

For the 2022-23 school year, we have identified common monthly themes which we will focus on each month. During the month, Mrs. Horchem and Mrs. Peterson will each share a read aloud or activity with every K-6 classroom which will be related to the school wide theme. At the beginning of the month, we will share ideas and ways in which our theme can be incorporated into our daily school lives. In addition, our school social worker and school psychologist will visit classrooms monthly and share lessons related to our monthly theme! We are excited to continue this initiative at Lincoln this year!

For September, our monthly theme is RESPONSIBILITY, and we will discuss and learn ways in which we can be responsible in different areas in our lives. We will kick off our discussions this week by sharing a video about responsibility.

This month, Mrs. Peterson will read the book But It's Not My Fault! to all classes, while Mrs. Horchem will read the book Do I Have To?. Both books have a theme of responsibility and we are looking forward to the discussions we'll have with students while sharing these books!

### Looking Ahead to Important Upcoming Dates at Lincoln!

Wed., 9/7:

-6th Grade Band and Orchestra begins; this week it will be Wednesday only, then start with M-T-Th-F mornings the following week

Thurs., 9/8:

-Fourth Grade Walking Field Trip to Morton Public Library and Dairy Queen; students will eat a sack lunch at the library  
-Running Club after school from 2:50-3:50 pm



-Morton Elementary Choir begins after school at Morton District 709 offices (MEC held on Mondays and Thursdays)

**Fri., 9/9:**

-Patriot Day Assembly for students in 3rd-6th grade at 3:30 pm; Digital Patriot Day Assembly presented to students in K-2nd grade classrooms  
-Students are encouraged to wear patriotic clothing/red, white and blue for Patriot Day

**Tues., 9/13:**

-Running Club after school from 2:50-3:50 pm

**Wed., 9/14:**

-Morton Pumpkin Festival begins!

**Thurs., 9/15:**

-Lincoln RISE classes visit Morton Pumpkin Festival 9:15 am for Pumpkins and Pals Day  
-Running Club after school from 2:50-3:50 pm (last day!)  
-Lincoln teachers and staff work at Pumpkin Festival Sweet Shop from 4:30-7 pm

**Fri., 9/16:**

-First Quarter MidTerm  
-11:55 am Early Dismissal Day  
-Pumpkin Classic 2 Mile/10K Run Packet Pick Up at Lincoln from 5-7 pm

**Sat., 9/17:**

-Lincoln Running Club participates in Pumpkin Classic 2 mile walk/run at 7:15 am

**Mon., 9/19:**

-Lincoln PTO New Family Dinner in cafeteria at 6 pm (more info to come for our new families)  
-Lincoln PTO Meeting in south entrance vestibule at 7 pm (child care provided)

**Tues., 9/20:**

-3rd/4th grade Challenge Reading and 5th/6th grade Challenge Math begins 2:45-4 pm (every Tuesday)

**Wed., 9/21:**

-Fifth Grade Field Trip to Funk Prairie Home and Gem/Mineral Museum;  
leave at 8:30 am

**Thurs., 9/22:**

-After School Lego Club for K-3rd grade; meets in music room 2:45-3:30 pm  
(watch for more information to come!)  
-After School Read Aloud Club for 3rd-6th grade; meets in library  
2:45-3:30 pm

**Fri., 9/24:**

-PTO Fundraiser "Step it Up" Kick Off Assembly at 1:30 pm (more details to come)

**Wed., 9/28:**

-Lincoln Student Ambassadors (open for 5th and 6th graders) meet in  
Mrs. Westbrook's room at 2:45 pm (more information to come!)

**Thurs., 9/29:**

-School Fire Drill with Morton Fire Department at 1:30 pm



# Lincoln PTO NEWSLETTER



SEPTEMBER 2022



## a quick note

School is off to a great start and we had an super turnout at our 1st PTO meeting. Lincoln has a strong history of parent involvement and PTO wouldn't be successful without its many, awesome volunteers. Please consider getting involved in some way. Volunteer opportunities will be listed each month below. Sign up forms will be emailed, posted on Lincoln's Facebook page and hyperlinked in the digital newsletter.

Step It Up, our main fundraiser of the year, kicks off at the end of September. Money raised supports the activities and projects of the PTO.

The newsletter is *full* of information. Thanks for reading!

*Natalie Friend*

## UPCOMING Events

Sept 16 – Early Out Day with

**KONA ICE**

Sept 19 – New Family Dinner  
& September PTO Meeting

Sept 20 & Oct 3 – Vision &  
Hearing Days

Sept 22 – Teacher Luncheon

Sept 23 – Fundraiser Kick Off

Sept 26-30 – Step It Up  
Fundraiser Week

Oct 2 – Custodian  
Appreciation Day



## Teacher LUNCHEONS

Monthly, teacher meals are one way we show the entire staff how much we appreciate them!

September 22<sup>nd</sup> will feature a taco bar, hosted by 6<sup>th</sup> grade families. A sign up will be emailed out shortly. 5<sup>th</sup> grade will host in November.

Many Thanks!

*Kymer Poppins*

[elsenpeterkymer@gmail.com](mailto:elsenpeterkymer@gmail.com)



## Looking AHEAD



All **new families** will be invited to a pizza party on Sept. 19<sup>th</sup>. Invitations will be forthcoming.

Our annual **Coat Drive** is in October. Plan ahead to save your gently used items or purchase new items for donation.

**Spirit Wear** will be available for ordering in October with delivery before Thanksgiving.

## Volunteer OPPORTUNITIES



★ [Carnival Co-Chair](#)

★ [Carnival Basket Committee \(2\)](#)

★ [Vision & Hearing Day](#)

★ [Step It Up Week](#)

★ [Picture Retakes Day](#)

★ [Day of Awesomeness](#)





## Looking for a way to support Lincoln School while advertising your business?

Each fall, it is the tradition of Lincoln School to distribute a t-shirt to every student and staff member to encourage school spirit! T-shirts are handed out at our Day of Awesomeness and everyone poses for a school photo!

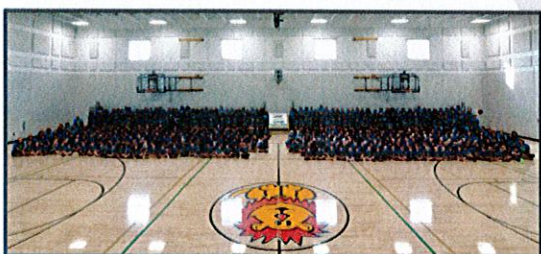
We would love to include your company as a sponsor of our 2022-23 Lincoln School t-shirts to help us offset the cost of over 615 t-shirts!

With a \$250 donation, your logo will be placed on the back of all Lincoln School t-shirts as well as on a framed sponsor acknowledgment at the main entrance of the building. Sponsors will also be listed in the October Newsletter.

If you are interested in becoming a sponsor, please contact:

Stacy Litersky @ [salitersky@gmail.com](mailto:salitersky@gmail.com) or  
Mary Miller @ [mary.miller1025@gmail.com](mailto:mary.miller1025@gmail.com)

**T-shirt sponsorships must be finalized by Friday, September 16.**



# Lincoln School's StepItUp! FUNdraiser 2022-23

Friday, September 23 will kick off our annual fundraising campaign for Lincoln School! Our Step It Up fundraising allows the Lincoln PTO to continue supporting our teachers and students in a variety of ways including teacher classroom needs, Artistic Adventures, our science and stem closet, 5th grade manners luncheon, sixth grade field trip, our family fun events, carnival and much, much more!

The fundraising campaign will run Sept 26 - Sept 30 with opportunities for families to fundraise during that time! Our Day of Awesomeness is scheduled for Friday, October 28 when all Lincoln Student get to participate in the obstacles and inflatables and those students who won prizes with their fundraising efforts will be presented with them!

**All the information needed will be sent home on Friday, September 23 - be on the lookout and get ready to send emails out to help us raise as much money as we can for Lincoln School PTO, Staff and Students!**

# STEP IT UP!

WORK HARD. PLAY HARDER!



### **Notification of Vision/Hearing Screening**

Children do not really know how they are supposed to see or hear. Therefore, they may not complain about poor vision or hearing. Each year your school provides screening to ensure children are seeing and hearing optimally for their growth and learning. This is done in accordance to the IL Rules and Regulations of the Child Vision and Hearing Test Act. ***In the event you are unable to participate in this free service provided, it will be your responsibility to ensure your child does not have vision and/or hearing deficits.***

**The screening date for 2022/2023 school year will be:**

**September 20<sup>th</sup>, 2022 with rescreen being completed by Morton School District nurse.**

*Students who are new to the district, attend any special education classes, or are referred by a teacher will be screened. Those who have failed previous hearing screens and referred for follow-up will receive yearly hearing monitoring until screen is passed. Mandated grades to be screened are as follows:*

#### **Hearing Screens:**

*Preschool/Early Childhood*

*Kindergarten*

*1<sup>st</sup> Grade*

*2<sup>nd</sup> Grade*

*3<sup>rd</sup> Grade*

#### **Vision Screens:**

*Preschool/Early Childhood*

*Kindergarteners without record of eye exam*

*2<sup>nd</sup> Grade*

"Vision screening is not a substitute for a complete eye and vision evaluation by an eye doctor. Your child is not required to undergo this vision screening if an optometrist or ophthalmologist has completed and signed a report form indicating that an examination has been administered within the previous 12 months." (Section 27-8.1 of the School Code)<sup>[SEP]</sup>

Lori Leskovisek and Deanna Frye, administrators of School Sight & Sound, Inc. along with their staff, are certified by the Illinois Department of Public Health (IDPH) as vision and hearing screening technicians. They are, for this purpose, considered "school officials" as they conduct a program that has "legitimate educational interest". Under the State codes 99.31 and 99.7, as *school officials*, they are authorized to share screening results with the school office since these results have *legitimate educational interest*. School Sight & Sound, Inc. will notify parents/guardians if a child is recommended for further testing.

This service has proven to be very valuable in discovering those children who may be struggling academically due to vision and hearing needs. Although this service is meant to benefit your child, it is your right to refuse it for religious purposes. According to the Child Vision and Hearing Test Act, a written statement of objection must be submitted by any parent/guardian who chooses to not have their child tested. (410 ILCS 205/6)Sincerely,





# September Morton Elementary Lunch



September Morton Elementary Lunch

Elem Lunch \$ 2.80  
Milk .60¢

| Monday   | Tuesday   | Wednesday   | Thursday  | Friday  |
|--|---|---|---|---|
|  |   |   | 1   | 2   |
|  |   |   | *Bacon Cheeseburger<br>Baked Fries<br>Broccoli Salad<br>Fruit of the Day                              | Walking Taco Nachos<br>Seasoned Black Beans<br>Zesty Salsa<br>Fruit of the Day                    |
| 5  | 6   | 7   | 8   | 9   |
| No School  | Homemade Cheese<br>Quesadilla-V<br>Fiesta Beans<br>Broccoli Florets<br>Fruit of the Day       | Creamy Chicken<br>Alfredo<br>Garlic Bread<br>Seasoned Green Beans<br>Sliced Cucumbers<br>Fruit of the Day | Yang's Orange<br>Chicken<br>Brown Rice<br>Stir Fry Veggies<br>Garlic Lime Edamame<br>Fruit of the Day | Pepperoni Pizza<br>Garlic Roasted Carrots<br>Leafy Green Salad<br>Fruit of the Day                |
| 12   | 13  | 14  | 15  | 16  |
| Crispy Chicken<br>w/ Biscuit<br>Steamed Carrots<br>Celery Sticks<br>Fruit of the Day               | Chicago Style All Beef<br>Hot Dog<br>Vegetarian Beans<br>Broccoli Florets<br>Fruit of the Day | *Grilled Chicken<br>Bacon Melt<br>Spiral Fries<br>Grape Tomatoes<br>Fruit of the Day                      | Pasta w/ Meat Sauce<br>Garlic Bread<br>Seasoned Green Beans<br>Leafy Green Salad<br>Fruit of the Day  | Half Day  |
| 19   | 20  | 21  | 22  | 23  |
| Corn Dogs<br>Garlic Roasted Carrots<br>Fresh Made Coleslaw<br>Fruit of the Day                     | French Toast Sticks<br>w/ Sausage<br>Hash Browns<br>Celery Sticks<br>Fruit of the Day         | Pizza Dippers<br>w/ Marinara Sauce<br>Mixed Vegetables<br>Leafy Green Salad<br>Fruit of the Day           | Fajita Chicken<br>Quesadilla<br>Seasoned Black Beans<br>Baby Carrots<br>Fruit of the Day              | Baked Potato w/ Chili<br>Soft Pretzel<br>Steamed Broccoli<br>Sliced Cucumbers<br>Fruit of the Day |
| 26   | 27  | 28  | 29  | 30  |
| Yang's Orange<br>Chicken w/ Brown Rice<br>Seasoned Green Beans<br>Baby Carrots<br>Fruit of the Day | Beef Soft Tacos<br>Fiesta Beans<br>Sliced Bell Peppers<br>Fruit of the Day                    | Homemade Mac<br>& Cheese-V<br>Soft Pretzel Rod<br>Steamed Broccoli<br>Grape Tomatoes<br>Fruit of the Day  | Chipotle Chicken<br>Nachos<br>Sweet Corn<br>Black Beans<br>Fruit of the Day                           | Italian Meatball Sub<br>Smiley Fries<br>Leafy Green Salad<br>Fruit of the Day                     |

Please note: Due to national supply chain disruptions and shortages, we may have to make changes to our menu with little or no notice. Please know that we are doing our best to serve meals as planned. Substitution of menu items will be communicated. We apologize in advance and thank you for understanding!  
This institution is an equal opportunity employer.

\*Contains or may contain pork  
V= Vegetarian

## Daily Options

Turkey & Cheese Sandwich  
Crispy Chicken Garden Salad w/ Roll

Monday-Juicy Cheeseburger  
Tuesday-Crispy Chicken Nuggets w/ Goldfish

Wednesday-Mini Corn Dogs  
Thursday-Crispy Chicken Sandwich  
Friday-Cheese Pizza

Now Hiring For  
Food Service  
Positions  
Contact Brooke  
Snell at  
309-284-6320

Arbor A+ Nutrition Mission  
To serve students daily:

- ✓ A wide variety of fresh, nutrient rich foods
- ✓ Fresh fruits and vegetables, locally sourced as seasonally available
- ✓ Cage free poultry with no added hormones or steroids
- ✓ Fresh whole and multigrain bread, buns and baked goods
- ✓ No-fat or 1% milk free from any growth hormones from local, sustainable farms

Arbor Management

Make Choices for a Healthy Lifestyle!



Included with Every Meal  
Fruit and Vegetable  
Choice of Milk