

August Morton Elementary Lunch



	Monday	Tuesday	Wednesday	Thursday	Friday
1		2	3	4	5
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8	3	9	10	11	12
				Half Day	Baked Potato w/ Chili
					Soft Pretzel
					Steamed Broccoli Sliced Cucumbers
4					Fruit of the Day
1	15	16	17	18	19
9	Yang's Orange	Beef Soft Tacos	Homemade Mac	Chipotle Chicken	Italian Meatball Sub
	Chicken w/ Brown Rice Seasoned Green Beans	Fiesta Beans	& Cheese-V Soft Pretzel Rod	Nachos Sweet Corn	Smiley Fries
	Baby Carrots	Sliced Bell Peppers Fruit of the Day	Steamed Broccoli	Black Beans	Leafy Green Salad Fruit of the Day
	Fruit of the Day		Grape Tomatoes	Fruit of the Day	
			Fruit of the Day		
2	22	23	24	25	26
	Chicago Style	"Say Cheese" Toasted	Chicken Drumstick	Sweet n' Sour Meatballs	Maple Pancake
	All Beef Hot Dog Baked Beans	Sandwich-V Tomato Soup	Dinner Roll Baked Fries	w/ Brown Rice Steamed Broccoli	Sausage Bites Glazed Carrots
	Sliced Cucumbers	Leafy Green Salad	Celery Sticks	Garlic Lime Edamame	Cauliflower Florets
	Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day
2	29	30	31		
	Pizza Dippers	Rotini & Meatballs	Chicken & Waffle		
	w/ Marinara Sauce Mixed Vegetables	w/ Garlic Bread Green Peas	Honey Chipotle Sweet Potatoes		
	Leafy Green Salad	Celery Sticks	Grape Tomatoes		
	Fruit of the Day	Fruit of the Day	Fruit of the Day		
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Please note: Due to national supply chain disruptions and shortages, we may have to make changes to our menus with little or no notice. Please know that we are doing our best to serve meals as planned. Substitution of menu items will be communicated. We apologize in advance and thank you for understanding! This institution is an equal opportunity employer.

*Contains or may contain pork

V= Vegetarian

Included with Every Meal

Fruit and Vegetable Choice of Milk

Elem Lunch \$ 2.80

Milk .60¢

Daily Options

Turkey & Cheese Sandwich Crispy Chicken Garden Salad w/ Roll

Monday-Juicy Cheeseburger Tuesday-Crispy Chicken Nuggets w/ Gold-

Wednesday-Mini Corn Dogs Thursday-Crispy Chicken Sandwich Friday-Cheese Pizza

> Now Hiring For Food Service **Positions**

Contact Brooke Snell at

309-284-6320

Arbor A+ Nutrition Mission To serve students daily:

- ✓ A wide variety of fresh, nutrient rich foods
- ✓ Fresh fruits and vegetables, locally sourced as seasonally available
- ✓ Cage free poultry with no added hormones or steroids
- ✓ Fresh whole and multigrain bread, buns and baked goods
- √ No-fat or 1% milk free from any growth hormones from local, sustainable farms

~Arbor Management~

Make Choices for a Healthy Lifestyle!





"Ask the Dietitian",