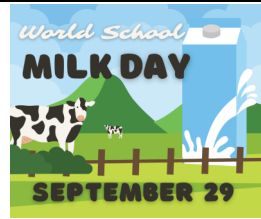




September Morton Elementary Lunch



Monday	Tuesday	Wednesday	Thursday	Friday
		1 Rotini & Meatballs Dinner Roll Veggie of the Day Fruit of the Day	2 Walking Taco Nachos Veggie of the Day Fruit of the Day	3 Spicy Chicken Sandwich Veggie of the Day Fruit of the Day
6 No School Labor Day	7 Jumbo Corn Dog Veggie of the Day Fruit of the Day	8 Creamy Chicken Alfredo Garlic Bread Veggie of the Day Fruit of the Day	9 Homemade Cheese Quesadilla Veggie of the Day Fruit of the Day	10 Yang's Orange Chicken Brown Rice Veggie of the Day Fruit of the Day
13 Crispy Chicken Tenders Soft Pretzel Rod Veggie of the Day Fruit of the Day	14 Sloppy Joe Scoops Veggie of the Day Fruit of the Day	15 Cheese Ravioli Garlic Bread Veggie of the Day Fruit of the Day	16 *Grilled Chicken Bacon Melt Veggie of the Day Fruit of the Day	17 Half Day
20 Mini Corn Dogs Veggie of the Day Fruit of the Day	21 Fajita Chicken Quesadilla Veggie of the Day Fruit of the Day	22 Penne Pasta Bolognese Garlic Bread Veggie of the Day Fruit of the Day	23 Savory Salisbury Steak Whole Grain Biscuit Veggie of the Day Fruit of the Day	24 *BBQ Pork Rib Sandwich Veggie of the Day Fruit of the Day
27 Chicken Parmesan Sandwich Veggie of the Day Fruit of the Day	28 Beef Soft Tacos Veggie of the Day Fruit of the Day	29 World School Milk Day Creamy Mac & Cheese Soft Pretzel Rod Veggie of the Day Fruit of the Day	30 Chipotle Chicken Burrito Bowl w/ Cilantro Lime Rice Veggie of the Day Fruit of the Day	

**FREE
MEALS
To All Enrolled
Students**

Daily Options
Monday-Juicy Cheeseburger
Tuesday-Cheesy Beef Nachos
Wednesday-Crispy Chicken Sandwich
Thursday-Crispy Chicken Nuggets
w/ Pretzel Rod
Friday-Cheese Pizza

**Now Hiring For
Food Service
Positions
Contact Kristina
Klein at
309-284-6320**

Arbor A+ Nutrition Mission
To serve students daily:

- ✓ A wide variety of fresh, nutrient rich foods
- ✓ Fresh fruits and vegetables, locally sourced as seasonally available
- ✓ Cage free poultry with no added hormones or steroids
- ✓ Fresh whole and multigrain bread, buns and baked goods
- ✓ No-fat or 1% milk free from any growth hormones from local, sustainable farms

-Arbor Management-

Make Choices for a Healthy Lifestyle!



For more information or to "Ask the Dietitian", check out our website!

Menu changes are occasionally necessary. Notice will be given when possible.
This institution is an equal opportunity employer.
*Contains or may contain pork

Included with Every Meal
Fruit and Vegetable
Choice of Milk