FREE MEALS

## To All Children

18 and Under

## Daily Options

Monday-Juicy Cheeseburger
Tuesday-Cheesy Beef Nachos
Wednesday-Crispy Chicken Sandwich
Thursday-Crispy Chicken Nuggets
w/ Pretzel Rod
Friday-Cheese Pizza

## Now Hiring For Food Service Positions <br> Contact Kristina <br> Klein at

309-284-6320

Arbor A+Nutrition Mission To serve students daily:
$\checkmark$ A wide variety of fresh, nutrient rich foods
$\checkmark$ Fresh fruits and vegetables, locally sourced as seasonally available
$\checkmark$ Cage free poultry with no added hormones or steroids
$\checkmark$ Fresh whole and multigrain bread, buns and baked goods
$\checkmark$ No-fat or $1 \%$ milk free from any growth hormones from local, sustainable farms ~ Arbor Management ~
Make Choices for a Healthy Lifestyle!
$\qquad$ For more
information or to
"Ask the Dietitian", check out our website!

