| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
| 1 | 2 | 3 | 4 | 5 |
| Cheeseburger Or Crispy Chicken Salad Vegetable of the Day Fruit Serving | Pancakes \& Scrambled Eggs Or <br> Cheese Sticks Graham Bears- V Vegetable of the Day Fruit Serving | Half Day No Lunch | Pizza Dippers <br> w/Marinara Sauce-V <br> Or <br> Turkey Sandwich Vegetable of the Day Fruit Serving | Half Day No Lunch |
| 8 | 9 | 10 | 11 | 12 |
| Hot Dog Or Cheddar Cheese Stick-v Goldfish Pretzels Hard Boiled Egg Vegetable of the Day Fruit Serving | Chicken Sandwich Or <br> Crispy Chicken Roll-Up Vegetable of the Day Fruit Serving | Beef Soft Tacos Or Hot Ham \& Cheese Sandwich Vegetable of the Day Fruit Serving | Chicken Nuggets Or Chef Salad w/Whole Grain Tortilla Vegetable of the Day Fruit Serving | Grilled Cheese Sandwich-V Or <br> Turkey \& Cheese Sub Vegetable of the Day Fruit Serving |
| 15 | 16 | 17 | 18 | 19 |
| Chicken Tenders Or <br> Yogurt Pack -V Strawberry Yogurt Cheese Stick Cinnamon Roll Vegetable of the Day Fruit Serving | Chicken Sandwich Or <br> Sunbutter \& Jelly Sandwich-V Vegetable of the Day Fruit Serving | Cheesy Beef Nachos Or <br> Turkey Sandwich Vegetable of the Day Fruit Serving | ${ }^{*}$ Crispy Chicken Bacon Melt Or <br> BBQ Chicken Sandwich Vegetable of the Day Fruit Serving | Italian Meatball Sub Or <br> Pizza Munchable with Cheese <br> \& Marinara -V <br> Vegetable of the Day Fruit Serving |
| 22 | 23 | 24 | 25 | 26 |
| Mini Corn Dogs Or <br> Grilled Cheese Sandwich-V <br> Vegetable of the Day Fruit Serving | Chicken Fajitas w/Roasted Peppers Or Turkey \& Cheese Sub Vegetable of the Day Fruit Serving | Cheesy Beef Nachos Or Crispy Chicken Salad Vegetable of the Day Fruit Serving | Chicken Nuggets Or <br> Turkey Ranch Roll-Up Vegetable of the Day Fruit Serving | ```*BBQ Rib Sandwich Or Cheese Quesadilla-V Vegetable of the Day Fruit Serving``` |
| 29 Free Meal Pick Up | 30 Free Meal Pick Up | 31 Free Meal Pick Up |  |  |
| Hamburger Vegetable of the Day Fruit Serving | Cheese Sticks Graham Bears- V Vegetable of the Day Fruit Serving | Sun Butter \& Jelly Sandwich-V <br> Vegetable of the Day Fruit Serving | Free Meals Offered To All Students During Easter Break Sign up by 3/19/2021! |  |

## MEALS

## To All Children

## 18 and Under

Included with Every Meal
Fruit and Vegetable
$1 \%$ or Fat-Free Milk

## Now Hiring For

 Food Service PositionsContact Kristina Klein at

309-284-6320

Arbor A+ Nutrition Mission To serve students daily:
$\checkmark$ A wide variety of fresh, nutrient rich foods
Fresh fruits and vegetables, locally sourced as seasonally available Cage free poultry with no added hormones or steroids
Fresh whole and multigrain bread, buns and baked goods
No-fat or $1 \%$ milk free from any growth hormones from local, sustainable farms ~Arbor Management

Make Choices for a Healthy Lifestyle!

